

Walk A Million Miles 2026

1. About the Challenge

Who can participate in the NESTLÉ® OMEGA PLUS Walk A Million Miles 2026 Challenge?

The challenge is open to Malaysian residents aged 18 years and above with a valid identification document.

When is the virtual challenge period?

The virtual challenge runs from 1 September 2026 to 31 October 2026.

What are the weekly and overall step targets?

To qualify for prize consideration, participants must meet the following step targets:

- At least 70,000 steps in a challenge week to qualify for Weekly Prize consideration.
- At least 500,000 cumulative steps during the campaign period to qualify for Main Prize consideration.

How do I join the virtual challenge?

Download the BookDoc App, create or log in to your BookDoc account, and join the NESTLÉ® OMEGA PLUS Walk A Million Miles 2026 challenge.

Who should I contact if I need help?

For campaign enquiries, please contact NESTLÉ Consumer Services at 1800-88-3433.

For BookDoc app registration, account access, device compatibility, or step synchronisation issues, please contact BookDoc Customer Care.

- Email: care@bookdoc.com
- Telephone: 1300-88-2362, Monday to Friday, 9:00am to 6:00pm
- Weekend support: WhatsApp +6018-388-5620 or email support

2. BookDoc Registration & Step Tracking

I cannot register for a BookDoc account. What should I do?

Please contact BookDoc Customer Care for assistance:

- Email: care@bookdoc.com
- Telephone: 1300-88-2362, Monday to Friday, 9:00am to 6:00pm
- Weekend support: WhatsApp +6018-388-5620 or email support

My steps are not syncing. What should I check?

Please ensure that:

- Your device is compatible with BookDoc.
- Activity tracking permissions are enabled.
- Your fitness app is properly connected to BookDoc.

- You refresh your step data regularly in the BookDoc App.

Note: If the issue continues, please contact BookDoc Customer Care.

Why is my step count different between my device and BookDoc?

Step data may take time to sync between your fitness app and BookDoc. Please refresh your step data regularly and keep your fitness app connected throughout the challenge.

3. Free Entry, Premium Entry & Receipt Redemption

What is the difference between Free Entry and Premium Entry?

Free Entry lets you join the virtual challenge and receive digital milestone rewards when you achieve the required milestones. Premium Entry includes the virtual challenge, digital milestone rewards, prize eligibility, one complimentary WAMM 2026 Physical Event ticket, and one Premium Entry Starter Kit while stocks last.

How can I upgrade to Premium Entry?

You can upgrade by choosing one of the following options:

- Pay RM30 via the BookDoc App.
- Purchase at least RM30 worth of participating NESTLÉ® OMEGA PLUS or NESTLÉ® OMEGA GOLD products in a single receipt and submit the receipt via the campaign webform to receive an activation code.

How do I redeem Premium Entry using my RM30 receipt?

Follow these simple steps:

1. Purchase at least RM30 worth of participating NESTLÉ® OMEGA PLUS or NESTLÉ® OMEGA GOLD products in a single receipt during the campaign period.
2. Go to the campaign receipt submission webform from the campaign website or scan the QR code shown on campaign communication materials.
3. Fill in the required details and upload a clear photo or screenshot of your receipt or eligible online invoice.
4. Submit the webform for verification.
5. Once your submission is verified and approved, you will receive a Premium Entry activation code via the official campaign WhatsApp number within 3-5 working days.
6. Log in to BookDoc, join the NESTLÉ® OMEGA PLUS Walk A Million Miles 2026 challenge, and enter the activation code to activate your Premium Entry.

Note: The final paid amount shown on the receipt or eligible online invoice must be at least RM30. Multiple receipts cannot be combined.

What receipt details must be visible?

Please make sure your proof of purchase clearly shows:

- Outlet or online merchant name and/or logo.
- Date of purchase.
- Participating product purchased.
- Purchase amount.
- Receipt or invoice number.

Can I combine multiple receipts to qualify?

No. The minimum RM30 purchase must be made in one single receipt. Multiple receipts cannot be combined.

When will I receive my activation code?

All receipt submissions are subject to verification and approval. Eligible participants will receive one BookDoc activation code via WhatsApp from the official campaign WhatsApp number within five working days from the date of submission.

Can I get a refund if I decide not to participate after purchasing Premium Entry?

No. Premium Entry payments made through BookDoc are non-refundable and non-transferable.

4. Physical Event

When and where is the Physical Event?

The NESTLÉ® OMEGA PLUS Walk A Million Miles 2026 Physical Event will be held on 19 September 2026 at Padang Semarak, Taman Wetlands, Putrajaya.

How do I register for the Physical Event?

Participants may register through the official JomRun registration platform. Registration is confirmed only after the required registration details are completed successfully.

I am a Premium Entry participant on BookDoc. Do I get a complimentary Physical Event ticket?

Yes. Eligible Premium Entry participants will receive one complimentary Physical Event ticket, subject to the redemption process and availability. A unique redemption code must be redeemed through JomRun.

If I register for the paid Physical Event, do I also get Premium Entry for the virtual challenge?

Yes. Participants who successfully register for the paid Physical Event will receive one complimentary Premium Entry for the virtual challenge on BookDoc.

Do I need to pay twice to join both the virtual challenge and Physical Event?

No. You do not need to purchase both separately. Premium Entry participants receive one complimentary Physical Event ticket, while paid Physical Event participants receive one complimentary Premium Entry for the virtual challenge.

Will I receive the Physical Event Finisher Medal if I do not attend?

No. The Physical Event Finisher Medal is only available to participants who attend and complete the Physical Event.

5. Prizes & Winner Announcement

What prize categories are available?

There are three prize categories:

- Weekly Prizes
- Main Prizes
- Exclusive Partner Outlet Prizes

How do I qualify for Weekly Prizes?

Participants must achieve at least 70,000 steps in the applicable challenge week to qualify for Weekly Prize consideration.

How do I qualify for Main Prizes?

Participants must achieve at least 500,000 cumulative steps throughout the campaign period to qualify for Main Prize consideration.

Why are winners' total step counts not published?

Individual step counts and activity records will not be publicly disclosed to protect participants' privacy. Step data is verified through BookDoc and winner selection is conducted according to the campaign Terms & Conditions.

How will I know if I have won?

Selected finalists will be contacted via the official campaign WhatsApp number using the mobile number registered for the campaign. Winner announcements will also be published on official campaign channels.

Where can I check winner announcements?

Winner announcements will be available on the campaign website. Participants are encouraged to check the campaign website regularly for updates.

If I do not achieve 500,000 steps, will I still receive my Premium Entry benefits?

Yes. Premium Entry benefits and Starter Kit entitlement are provided upon successful Premium Entry activation, while stocks last. However, prize consideration and challenge milestone rewards are subject to meeting the required challenge criteria.

6. Starter Kit, Jersey & Digital Rewards

What is included in the Premium Entry Starter Kit?

Eligible Premium Entry participants will receive one NOPWAMM2026 Jersey and one NESTLÉ® OMEGA PLUS UHT Sample, while stocks last.

How many Starter Kits are available?

Starter Kits are limited to the first 6,000 eligible Premium Entry participants and are available while stocks last.

Do I need to achieve a minimum number of steps to receive the Starter Kit?

No. The Premium Entry Starter Kit is provided upon successful Premium Entry activation, while stocks last. No minimum step count is required.

Can I purchase the WAMM 2026 jersey separately?

No. The WAMM 2026 jersey is exclusively available as part of the Premium Entry Starter Kit and is not available for separate purchase.

Can I exchange my jersey for a different size?

Jersey size selections are final and cannot be changed due to incorrect size selection. Exchanges will only be considered if an incorrect size was delivered due to a fulfilment error by the Organiser or appointed fulfilment partner.

Will I receive a physical medal for the virtual challenge?

No. Participants who achieve the required virtual challenge milestones will receive an e-Certificate, e-Badge and e-Medal via BookDoc. No physical medal will be awarded for the virtual challenge.

This FAQ is intended as a consumer-friendly guide. Final participation, eligibility, prize fulfilment and redemption are subject to the official campaign Terms & Conditions.